

The Lookout

On the Quay

Breakfast (Served until 11.30am)

All of our breakfasts are made with locally sourced ingredients and served with hot buttered toast - Granary, White or NGCI-Non-gluten containing ingredients (DF spread available)

Full Cornish Breakfast 7.95

(Award winning Sausage, Free-Range Egg, Potato Rosti, 2 Rashes of bacon, Hogs Pudding, and Heinz Beans or Tinned Tomato)

Full Vegetarian Breakfast 7.95

(Glamorgan Sausage, Grilled Halloumi (not local), Free-Range Egg, Potato Rosti, Tinned Tomato and Heinz Beans)

The Lookout Breakfast 5.95

(Award winning Sausage, Free-Range Egg, Bacon Heinz Beans or Tinned Tomato)

Vegetarian Lookout Breakfast 5.95

(Glamorgan Sausage, Free-Range Egg, Heinz Beans and Tinned Tomato)

Vegan Lookout Breakfast 5.95

(Vegan Sausage, Avocado, Tinned Tomato and Heinz Beans)

The Lookout Gluten Free (NGCI) Breakfast 6.50

(NGCI Sausage, Free Range Egg, Bacon, Heinz Beans or Tinned Tomato)

Extra Breakfast Items - Tinned Tomatoes/Beans 0.80

Sausage/Egg/Bacon/Hogs Pudding 1.00

Halloumi/Avocado/Potato Rosti 1.50

Scrambled/Fried/Poached eggs or Heinz Beans on Toast 4.80

Breakfast Sandwiches

(Served on White, Granary or NGCI Bread)

Mix and match any breakfast ingredients you like

1 Filling 4.00

2 Filling 4.80

3 Filling 5.60

Toast and Jam/Marmalade/Honey (2 x slices Toast) 2.20

All our Sandwiches / Paninis are served with a choice of Olives, Coleslaw or Sea salted Crisps

Lunch (Served 12.00 pm-3.30pm) (Whole) (Half)

Choose your filling below as a Sandwich (White, Granary or NGCI bread) 6.50 3.75

OR

Panini or Toasted Sandwich 7.50 4.25

Cornish Riviera

Cornish Brie, Fresh Local Tomato and Creamy Avocado

Vegan Riviera

Houmous, Fresh Local Tomato and Creamy Avocado (Dairy Free spread)

The Lookout Prawn Cocktail

Luxury Prawns smothered in a light citrus mayo on a bed of crisp iceberg lettuce

The Lookout Tricolore

Mozzarella, Fresh Local Tomato, Fresh Basil and Pesto

Brie on the Quay

Cornish Brie, Local smoked bacon, sweet cranberry sauce

The Harbour Master

Dolphin friendly Tuna with mayo, smothered with tangy melted Cornish Cheddar cheese

The Tin Miner

Sliced premium roast ham, fresh local tomato and tangy Cornish Cheddar

Extra side or fillings (per item) + 1.00 + 0.50

Finest Organic Soups

5.25

Spicy Lentil (vg, ngci, df)

Smoked Haddock Chowder (ngci)

**All our soups are served with buttered White, Granary or NGCI bread
(Dairy free spread available)**

For daily specials please see chalk boards

Cakes, Treats & Ice Cream

**Please see our daily selection of fresh and hand-made cakes
and tasty treats**

(NGCI-Non gluten containing ingredients, Dairy-Free and
Vegan cakes available)

Add clotted cream to any cake 0.40

Cornish Cream Tea 4.65

A delicious enormous fruit or plain scone served with
Clotted cream, Jam and a pot of Cornish Tea
(NGCI scones available)

Cornish Sparkling Cream Tea (over 18s only!) 8.50

A delicious enormous fruit or plain scone served with
Clotted cream, Jam and a small bottle of sparkling Prosecco
- Because your worth it!

Pastel de Nata (Portuguese custard tart) 1.50

Mini Ice Cream Tubs (Various flavours) 1.95

Dairy-Free ice cream tubs (Various flavours) 2.75

Saffron Bun with butter (Toasted on request) 2.00

Soft Drinks

Coca Cola / Diet Coke / Sprite (500ml)	1.60
Still / Sparkling water (500ml)	1.50
Frobishers fruit juice (250ml)	1.65
Cawston Press Sparkling juice can (330ml)	1.50
Cawston Press kids blend juice carton (200ml)	1.20
Fever Tree Tonic waters	2.00

Hot Drinks (Non dairy milk available on request)

Cappuccino / Latte	2.60
Mocha	2.80
Espresso - Single/double	1.30 / 2.10
Americano	2.50
Flat White	2.50
Hot Chocolate	2.70
The Lookout Hot Chocolate (Cream & Marshmallows)	2.90
Steamers	2.20
Chai Latte	2.70
Dirty Chai Latte (with a shot of espresso)	2.90
Add a shot of syrup to any hot drink	0.40
Add an extra espresso shot	0.40
Pot of Cornish tea for 1	2.00
Speciality teas	2.20
Hot Spiced Apple	2.40

**Please see our separate Bar menu for
alcoholic beverages**

Please ask a member of staff if you require information on allergens in our food

The Lookout Small Plates

(Served from 5.00 pm to 8.30pm Friday & Saturday)

- Bread with Olive oil and Balsamic vinegar **2.50**
- Gordal Olives **3.50**
- Houmous w/flatbread **3.95 per dish**
- Cornish Brie and Cranberry
- Davidstow Cheddar and Chutney
- Croquetas (Ham) w/aioli **4.00 per dish**
- Chilli Mushrooms (contains butter-DF version available)
- Seasoned Wedges w/aioli
- Mexican Meatballs w/Chipotle mayo **4.50 per dish**
- Chorizo in Red Wine
- Morrocan Falafel Bites w/sweet chilli dip or tzatziki
- Karaagi Chicken w/kingfisher dipping sauce

Happy hour 5-7pm

Order 4 small plates and get £3.00 off any full-size bottle of wine

