

The Lookout

On the Quay

Breakfast (Served until 11.30am)

All of our breakfasts are made with locally sourced ingredients and with hot buttered toast (Granary, White or Gluten Free)

Gluten Free Breakfast items & vegan sausages available on request

Full Cornish Breakfast 7.50

(Award winning Sausage, Free-Range Egg, Mushrooms, 2 Rashes of bacon, Hogs Pudding, and Beans or Tomato)

Full Vegetarian Breakfast 7.50

(Glamorgan Sausage, Grilled Halloumi (not local), Free-Range Egg, Mushrooms, Tomato and Beans)

The Lookout Breakfast 5.75

(Award winning Sausage, Free-Range Egg, Bacon Beans or Tomato)

Vegetarian Lookout Breakfast 5.75

(Glamorgan Sausage, Free-Range Egg, Mushrooms, Beans or Tomato)

Vegan Lookout Breakfast 5.75

(Vegan Sausage, Mushrooms, Tomato, Beans, Toast with Dairy Free spread)

Extra Breakfast Items 0.80

(per item)

Scrambled/Fried/Poached eggs or Beans on Toast 4.80

Breakfast Sandwiches

(Served on White, Granary or Gluten Free Bread)

Mix and match any breakfast ingredients you like

1 Filling 4.00

2 Filling 4.80

3 Filling 5.60

Toast and Jam/Marmalade/Honey (2 x slices Toast) 2.20

Buttered Crumpets and Jam (2 x Crumpets) 2.10

Lunch (Served from 11.30am)

Sandwiches (White, Granary or Gluten free bread)

6.00
(Whole)

3.00
(Half)

Cornish Riviera

Cornish Brie, Fresh Local Tomato and Creamy Avocado

Vegan Riviera

Houmous, Fresh Local Tomato and Creamy Avocado

(Dairy Free spread)

The Lookout Prawn Cocktail

Luxury Prawns smothered in a light citrus mayo on a bed of crisp iceberg lettuce

The Cornish Ploughman

Davidstow mature cheddar, red onion, crisp iceberg lettuce and Hog's Bottom Apple and Cider chutney

Traditional Ham Salad

Thickly sliced premium ham, red onion, crisp iceberg lettuce and tomatoes drizzled in good old-fashioned salad cream

Panini / Turkish Flatbread / Gluten Free Toasted Sandwich

(Served Hot and Toasted on Artisan Turkish Flatbread or Soft Ciabatta bread

7.00
(Whole)

3.50
(Half)

Kernow Caprese

Mozzarella, chargrilled mixed peppers, Fresh Local tomato and fresh basil leaves (Optional Pesto, please ask when ordering)

Vegan Caprese

Houmous, chargrilled mixed peppers, Fresh Local Tomato

(Dairy free spread)

Brie on the Quay

Cornish Brie, Local smoked bacon, sweet cranberry sauce

The Harbour Master

Dolphin friendly Tuna with mayo, smothered with tangy melted

Cornish Cheddar cheese

The Tin Miner

Thickly sliced premium roast ham, fresh local tomato and tangy Cornish

Cheddar

Extra side or fillings
(per item)

+ 0.80

+ 0.40

All our Sandwiches are served with a choice of Olives, Coleslaw or Sea salted Crisps

Finest Organic Soups

4.50

Spicy Lentil (v, gf, df)

Smoked Haddock Chowder (gf)

All our soups are served with buttered White, Granary, GF bread (Dairy free spread available)

Lookout Large Plates

9.95

Spicy Harissa Chicken, Naan pocket, yogurt + mint dip, iceberg lettuce and red onion

Vegan Falafel, Naan pocket, sweet chilli dip, iceberg lettuce and red onion

For daily specials please see chalk boards

Cakes, Treats & Ice Cream

Please see our daily selection of fresh and hand-made cakes and tasty treats
(Gluten, Dairy-Free and Vegan cakes available)

Add clotted cream to any cake 0.40

Cornish Cream Tea 4.45

A delicious enormous fruit or plain scone served with
Clotted cream, Jam and a pot of Cornish Tea
(Gluten Free scones available)

Cornish Sparkling Cream Tea (over 18s only!) 8.50

A delicious enormous fruit or plain scone served with
Clotted cream, Jam and a small bottle of sparkling Prosecco
- Because your worth it!

Pastel de Nata (Portuguese custard tart) 1.50

Mini Ice Cream Tubs (Various flavours) 1.95

Dairy-Free ice cream tubs (Various flavours) 2.75

Saffron Bun with butter (Toasted on request) 1.90

Soft Drinks

Coca Cola / Diet Coke / Sprite (500ml) 1.50

Cornish Still / Sparkling water (500ml) 1.30

Frobishers fruit juice (250ml) 1.65

Cawston Press Sparkling juice can (330ml) 1.30

Cawston Press kids blend juice carton (200ml) 1.20

Fever Tree Tonic Water 1.50

Hot Drinks (Soya milk available on request)

Cappuccino / Latte	2.50
Mocha	2.70
Espresso - Single/double	1.20 / 2.00
Americano	2.30
Flat White	2.30
Hot Chocolate	2.50
The Lookout Hot Chocolate (Cream & Marshmallows)	2.70
Steamers	2.10
Chai Latte	2.50
Dirty Chai Latte (with a shot of espresso)	2.70
Add a shot of syrup to any hot drink (Vanilla, Hazelnut, Caramel, Gingerbread, Orange)	0.40
Pot of Cornish tea for 1	1.90
Specialty teas (Manuka, Echinacea, Earl Grey, Peppermint, Green Tea, Red Berry Chamomile, Red Bush, Lemon)	2.10
Hot Spiced Apple	2.30

From the Bar

Grown-Up Drinks

St. Ives Brewery Cornish Golden Lager (330ml)	2.95
Southwest Orchards Cider (500ml)	3.95
Southwest Orchards Raspberry Cider (500ml)	3.95
Rebel Brewery Sail Ale/Rebel Gold/Honey Trap Ale (500ml)	3.95
Tarquin's Cornish Gin (25ml) / Limited editions Tarquin's Gin (25ml)	2.50 / 3.50
Tarquin's Cornish Pastis (25ml)	2.50
Aval Dor/Curio Cornish Vodka(25ml)	3.50
Old J Gold Spiced Rum (25ml)	2.50

Wines

Sparkling

Mini bottle of Zonin Prosecco (200ml)	4.95
Zonin Prosecco Cuvee 1821 (750ml)	19.95

White

Mini bottle of Pinot Grigio/Chardonnay (187ml)	3.95
Healy & Gray Pinot Grigio (750ml)	13.95
Via Alta Sauvignon Blanc (750ml)	16.95
Fil de Fer Chardonnay (750ml)	19.95

Red

Mini bottle of Cabernet Sauvignon/Merlot (187ml)	3.95
Healy & Gray Cabernet Sauvignon (750ml)	13.95
Jarraah Wood Shiraz Cabernet Sauvignon (750ml)	16.95
Fil de Fer Merlot (750ml)	19.95

Rosé

Mini bottle of Zinfandel (187ml)	3.95
Healy & Gray Zinfandel (750ml)	13.95
Fil de Fer Syrah Dry (750ml)	19.95

The Lookout Small Plates (Served from 5.00 pm)

-Manchego and Membrillo (Quince Jelly) **3.50 per dish**

-Houmous

-Chargrilled Peppers

-Prawns in Garlic oil

-Croquetas (Ham)

-Tortilla (Potato and onion)

-Chorizo

-Gordal olives

-Davidstow Cheddar and chutney

-Cornish Brie and Cranberry

-Harissa Chicken and Mint Yogurt Dip

-Falafel and Sweet Chilli Dip

Flatbread with Olive oil and Balsamic vinegar **1.50**

Happy hour 5-7pm

Order 4 small plates and get £3.00 off any full size bottle of wine

